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Costa Rica aiming for another title

SAN JOSE, Costa Rica, March 10, 2013.- According to Horacio Bastit, Argentinean coach for Costa Rica, the home girls are aiming for their seventh Central American title in the women's volleyball tournament at the X Central American Games running from March 10-16.

Costa Ricans have been the dominant team in the region and they are prepared to defend their title without keeping in mind the proximity of the NORCECA Continental Championship and the Pan American Cup.

"It's important for the team to obtain the title at home, two players who play in Germany have been incorporated and the team's condition has improved to face all our rivals with respect," Bastit said.

After the preliminary inquiry and the general technical meeting held on Sunday, the coaches of the seven national teams stated their goals and what they expect during the tournament.

Allan Sharp (Belize): "The lack of facilities in Belize makes our preparation very difficult as well as the issues with some of our players who take time off to train and to come to the games. We come to work hard."

Nery Enriquez (El Salvador): "Our team is young and has been in the first places in the junior category. It has been a progressive job and the results are yet to come".

Julio Dominguez (Guatemala): "The addition of Blanca Recinos, who plays in Louisiana, is an important element and after being close to the gold in past December during the Central American Cup we are motivated to reach the final match."

Marvin Ulloa (Honduras): "Our first goal is to qualify to the next round for which we've improved in all our conditions



since the last competition. The majority of the team is under 23 and they've made lots of efforts to obtain better results."

Rene Quintana (Nicaragua): "We suffered the loss of our setter due to a knee operation so the team had to modify their strategy and must demonstrate they're capable to be in the podium. We have a young player now playing in the senior's category and we have a lot of faith on her."

Reynaldo Ortega (Panama): "We were able to make some adjustments and we've had a long preparation since December. With God's will we hope to obtain the Central American title."