



TRAINING SCHEDULE - CAZOVA Senior Championship Men

July 2nd to 10th, 2017

National Cycling Centre

Couva, Trinidad

Tuesday 4th July 2017			
Team	Time	Pick-Up	Venue
MQE	5:30 AM	5:00 AM	Jean Pierre
Surinam	6:00 AM	5:00 AM	CRISA
Haiti	6:00 AM	4:45 AM	Main Court - NCC
Jamaica	6:30 AM	5:30 AM	Jean Pierre
Barbados	7:00 AM	5:45 AM	Main Court - NCC
Bahamas	8:00 AM	5:45 AM	Main Court - NCC
Curacao	10:00 AM	8:30 AM	Main Court - NCC
TTO	11:00 AM	10:00 AM	CRISA

Wednesday 5th July 2017			
Team	Time	Pick-Up	Venue
Curacao	5:30 AM	5:00 AM	Jean Pierre
MQE	6:00 AM	5:00 AM	CRISA
Bahamas	6:30 AM	5:30 AM	Jean Pierre
Jamaica	7:00 AM	6:00 AM	CRISA
Barbados	7:30 AM	6:30 AM	Jean Pierre
Haiti	8:30 AM	7:30 AM	Jean Pierre
Surinam	10:00 AM	9:00 AM	CRISA
TTO	11:00 AM	10:00 AM	CRISA

Thursday 6th July 2017			
Team	Time	Pick-Up	Venue
Surinam	5:30 AM	5:00 AM	Jean Pierre
Curacao	6:00 AM	5:00 AM	CRISA
Bahamas	6:30 AM	5:30 AM	Jean Pierre
Haiti	7:00 AM	6:00 AM	CRISA
Barbados	7:30 AM	6:30 AM	Jean Pierre
Jamaica	8:30 AM	7:30 AM	Jean Pierre
MQE	9:00 AM	8:00 AM	CRISA
TTO	11:00 AM	10:00 AM	CRISA

Friday 7th July 2017			
Team	Time	Pick-Up	Venue
4th D			No Training
4th E			No Training
2nd D	6:00 AM	4:45 AM	Main Court - NCC
3rd E	6:00 AM	4:45 AM	CRISA
2nd E	7:00 AM	5:45 AM	Main Court - NCC
3rd D	7:00 AM	5:45 AM	CRISA
1st D	8:30 AM	7:15 AM	Main Court - NCC
1st E	8:30 AM	7:15 AM	CRISA

Saturday 8th July 2017			
Team	Time	Pick-Up	Venue
8th			No Training
7th			No Training
5th Match	6:00 AM	4:45 AM	Main Court - NCC
5th Match	6:00 AM	4:45 AM	CRISA
Semi 1	7:00 AM	5:45 AM	Main Court - NCC
Semi 1	7:00 AM	5:45 AM	CRISA
Semi 2	8:30 AM	7:15 AM	Main Court - NCC
Semi 2	8:30 AM	7:15 AM	CRISA

Sunday 9th July 2017			
Team	Time	Pick-Up	Venue
8th			No Training
7th			No Training
6th			No Training
5th			No Training
3rd Match	7:00 AM	5:45 AM	Main Court - NCC
3rd Match	7:00 AM	5:45 AM	CRISA
Finals	8:30 AM	7:15 AM	Main Court - NCC
Finals	8:30 AM	7:15 AM	CRISA